Breast Ultrasound
Educational Material

We are strong. We are Edith.

SANFORD Edith Sanford Breast Center
Breast Ultrasound

Breast ultrasound is an exam of breast tissue using sound waves to create an image. It is usually done along with a mammogram. Ultrasound can show the difference between fluid and solid parts of the breast.

How do I get ready for this test?
There is no preparation required for this test.

How is the test done?
You will change into a gown and lie on your back on a padded table. The sonographer (person who does your ultrasound) will position you in the best way to see the area of interest. Warmed gel and a transducer (oblong device a few inches long) will be placed on your skin. This transducer sends out high frequency sound waves. As some of these waves “bounce back”, they are picked up and displayed as an image that can be seen by the radiologist.

What will I feel during the test?
You will feel slight pressure from the transducer as it moves across the skin. There is no discomfort from this test.

How long does this test take?
The test takes about 30 minutes to 1 hour.

When will I learn the results of the test?
The initial results may be given to you the same day as your appointment before you leave the department, or you may be notified by your doctor after a few days. The images are read by a radiologist. A report will be sent to the doctor who ordered your test.