

## During Your Test

- You may be asked to wear a hospital gown.
- You may be given earplugs to wear if you choose.
- You will be injected with contrast dye through an IV line in your hand or arm. This is a special dye that makes the MRI image sharp.
- You'll lie on a platform that slides into a tube-like machine called a scanner. You'll be on your stomach with your breasts placed through openings in the platform.
- Remain as still as you can while the camera takes the pictures. This will ensure the best images.

## After Your Test

- You can get back to normal activities right away.
- IV contrast will pass naturally through your body within a day.
- Drink lots of water so that the dye passes quickly out of your body.

## Getting Your Results

You will be contacted with results by letter, phone call, or follow up visit with your provider. Your results will also be available in My Sanford Chart.

**For more information  
please call your provider.**

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**Magnetic Resonance  
Imaging (MRI)  
of the Breast**

Magnetic resonance imaging (MRI) of the breast is an imaging test. It uses strong magnets and radio waves to make pictures of the inside of the breast. It also makes images of the tissues around the breast.

Breast MRI is used to check for problems, such as a leaking breast implant or a lump or growth. In some cases, such as women with high risk for breast cancer, a breast MRI may be used along with a mammogram to view breast tissue. It can show kinds of tissue that mammograms can't. It can be used to guide breast biopsies that can't be done by other methods. It can help with diagnosis and management.

Most MRI tests take 30 to 60 minutes. Depending on the type of MRI you are having, the test may take longer. Give yourself extra time to check in.



## Before Your Test

- Follow any directions you are given for taking medicines and for not eating or drinking before the test.
- Follow your normal daily routine unless your provider tells you otherwise.
- You'll be asked to remove your watch, hearing aids, credit cards, pens, eyeglasses, and other metal objects.
- You may be asked to remove your makeup. Makeup may contain some metal.

## What to Know

MRI uses strong magnets. Metal is affected by magnets and can distort the image. The magnet used in MRI can cause metal objects in your body to move. If you have a metal implant, you may not be able to have an MRI unless the implant is certified as MRI-safe. People with these implants should not have an MRI:

- Ear (cochlear) implants
- Certain clips used for brain aneurysms
- Certain metal coils put in blood vessels
- Most defibrillators
- Most pacemakers

The radiologist or technologist may ask if you:

- Have had a breast biopsy
- Have a pacemaker or implanted cardiac defibrillator
- Have an artificial body part (prosthesis)

- Have metal rods, screws, plates, or splinters in your body
- Wear a medicated adhesive patch
- Have tattoos or body piercings. Some tattoo inks contain metal.
- Have implanted nerve stimulators or medicine-infusion ports
- Work with metal
- Have braces
- Have a bullet or other metal in your body
- Have had an eye injury involving a metal object

Tell the radiologist or technologist if you:

- Are allergic to any medicines
- Are pregnant or think you may be pregnant
- Are afraid of small, enclosed spaces (claustrophobic)
- Have had past surgeries

Tell your healthcare provider and the technician if you:

- Have ever had an imaging test such as MRI or CT with contrast dye
- Are allergic to contrast dye, shellfish, or any medicines
- Have a serious health problem. This includes diabetes or kidney disease, or a past liver transplant. You may not be able to have the contrast material used for MRI.
- Are pregnant or may be pregnant, or are breastfeeding